

**NANDHA SIDDHA MEDICAL COLLEGE AND HOSPITAL**  
**ERODE-52**

DEPARTMENT OF VARMAM PURA MARUTHUVAM

AND SIRAPPU MARUTHUVAM

**9<sup>TH</sup> INTERNATIONAL YOGA DAY**

DATE : 21.06.2023

VENUE: NANDHA CENTRAL SCHOOL

***“IGNITE YOUR INNER LIGHT WITH YOGA ON THIS SPECIAL DAY”***

The theme selected for this year’s 9<sup>th</sup> international yoga day June 21 2023 is **“YOGA FOR VASUDHAIVA KUTUMBAKAM”** which represents our shared desire for

***“One Earth, One Family, One Future”.***

Our Nandha Siddha Medical College and Hospital, Department of Varmam pura maruthuvam and sirappu maruthuvam celebrated the ancient practice of yoga and its global significance in the Nandha Central School near koorapalayam in Erode.





**DATE : 21.06.2023**

**VENUE: NANDHA INDIAN MEDICINE CAMPUS**

The students of Nandha Siddha Medical College celebrated 9th International Yoga Day with Nandha Indian Medicine students at our Indian Medicine Campus, To raise awareness about the physical, mental and spiritual benefits of practising yoga.