## **AZADI KA AMRIT MAHOTSAV**

## "Hamara Ayush Hamara Swasthya"

## **PROGRAMME REPORT**

**AZADI KA AMRIT MAHOTSAV** festival celebrates the rapid strides that India has taken in the past 75 years. This festival encourages us to rediscover our hidden strengths of prompts us to take sincere, synergistic action to region our rightful place in the comity of nations. In this regard, *NCISM* recommended to organize AYUSH Awareness programmes, camps, demonstrations, competitions among higher secondary schools.





The Medical team gave a brief awareness speech about the Importance of Prophylactic medicine and Medicinal Plants, in the presence of 11<sup>th</sup> and 12<sup>th</sup> standard students. The awareness speech was eagerly listened by all. The queries asked by them were clarified by the medical team





NANDHA SIDDHA MEDICAL COLLEGE AND HOSPITAL organised various programmes in 100 schools in & around its locality. A Free Medical camp on Healthy life and **Distribution of Kabasura Kudineer and Plant saplings** was conducted at Govt. Higher Secondary School, Perundurai on 19.07.2022.



The medical team was organized by Dr. D.Leelambigai, Assistant Professor and Dr. K.Manjuparkavi, Assistant Professor. After the Awareness speech **Kabasura Kudineer chooranam** and Plant saplings were distributed to the students and teachers. The programme was supervised by Mr.Ravichandran, HM, Govt. Higher Secondary School, Perundurai on 19.07.2022.