## AZADI KA AMRIT MAHOTSAV

## "Hamara Ayush Hamara Swasthya"

## **PROGRAMME REPORT**

**AZADI KA AMRIT MAHOTSAV** is an initiative of the Government of India to celebrate and commemorate 75 years of progressive India and the glorious history of its people, culture and achievements. In this regard, *NCISM* recommended to organize AYUSH Awareness programmes, camps, demonstrations, competitions among higher secondary school students.



Welcome Address by Principal Dr.V. Subbulakshmi

Nandha Siddha Medical College and Hospital organized various programmes in 10 schools in and around its locality. "Unnatha Unavum Udal Aarokyamum" was conducted at Geethanjali All India Senior Secondary School, Erode which is about 7kms from our campus on 09.10.2021. The Medical team was lead by Dr.M.Menaka, Principal along with her team

members **Dr..T.M.Shanthi**, Assistant Professor, **Dr.M.Sakthivel**, Emergency Medical Officer, and **Dr.A.M.Janani**, Resident Medical Officer.

The medical team gave a brief awareness speech about the importance of healthy food habits and unhealthy food complication in the presence of the school Principal **Dr.V.Subbulakshmi**, teaching faculties and students. The awareness speech was eagerly listened by all. 70 students and 10 teaching and non-teaching staffs were benefitted from this programme. The queries asked by them were clarified by the medical team.









Overall view of presentation

The school students and management thanked the team for the beneficiary programme. We are also thankful to Ministry of AYUSH and our management for giving this opportunity to create awareness among the rural schools.



Principal and teaching faculties of Geethanjali All India Senior Secondary School along with the medical team