

# AZADI KA AMRIT MAHOTSAV

“Hamara Ayush Hamara Swasthya”

## PROGRAMME REPORT

The government of India decided to celebrate the 75th year of Independence with great excitement of named the celebration as **AZADI KA AMRIT MAHOTSAV**. Azadi ka Amrit Mahotsav is an embodiment of all that is progressive about India’s socio-cultural, political or economic identity. In this regard, *NCISM* recommended to organize AYUSH Awareness programs, camps, demonstrations, competitions among higher secondary schools and colleges.



Dr.Harisudhan, Principal honoured by our medical team

**NANDHA SIDDHA MEDICAL COLLEGE AND HOSPITAL** organised various programmes in schools & colleges. A Health Awareness programme was conducted in the topic of *Nutritional Values of Traditional Foods* given by Dr.D.Leelambigai,M.D(s), Assistant Professor at Shree Venkateshwara Institute of Health Science, Othakuthirai on 23.05.2022.



The Medical team gave a brief awareness speech in the presence **Dr.Harisudhan**, Principal, Shree Venkateshwara Institute of Health Science, teaching faculties and students. The awareness speech was eagerly listened by all.



### Queries clarified by the team

The queries asked by them were clarified by the medical team. After the Awareness speech Tiripala Chooranam tablet was distributed to all.



### Distribution of Tiripala Chooranam tablet

The students and teaching faculties thanked the team for the beneficiary programme. We are also thankful to **Ministry of AYUSH** for giving this opportunity to create awareness among the rural areas.