

AZADI KA AMRIT MAHOTSAV

“Hamara Ayush Hamara Swasthya”

PROGRAMME REPORT

Azadi ka Amrit Mahotsav is a series of events to be organised by a Government of India to commemorate the 75th Anniversary of India's Independence. In this regard, NCISM recommended to organize various AYUSH Awareness programmes, camps, demonstrations, competitions to schools and college students.



NANDHA SIDDHA MEDICAL COLLEGE AND HOSPITAL organised various programmes in schools & colleges. A Health Awareness programme was conducted in the topic of ***NUTRITIONAL VALUES OF TRADITIONAL FOODS*** given by Dr.D.Leelambigai.,M.D(s)., Assistant Professor at Bharathidhasan College of Arts & Science, Ellispettai on 19.04.2022.



The Medical team was coordinated by Dr.D.Leelambigai,M.D(s)., Assistant Professor, Dr.R.Saritha,B.S.M.S Resident Medical Officer. And the team was supervised by Dr.M.Menaka,M.D(s)., Principal, Nandha Siddha Medical College and Hospital.



Overall view of presentation



Dr.D.Leelambigai gave a brief awareness speech in the presence of DR.S.Kamesh., Principal, Bharathidhasan College of Arts & Science, teaching faculties and students. The awareness speech was eagerly listened by all.



Speech delivered by Dr.D.Leelambigai



The queries asked by them were clarified by the medical team. After the Awareness speech, **Tiripala chooranam tablets** was distributed to all the participants.



The college students, teachers and the management thanked the team for the beneficiary programme. We are also thankful to **Ministry of AYUSH** for giving this opportunity to create awareness among the rural areas.