

# AZADI KA AMRIT MAHOTSAV

“Hamara Ayush Hamara Swasthya”

## PROGRAMME REPORT

The Azadi Ka Amrit Mahotsav means elixir of energy of independence; elixir of inspirations of the warriors of freedom struggle; elixir of new ideas and pledges; and elixir of Atmanirbhar bharat. Therefore, this Mahotsav is a festival of awakening of the nation; festival of fulfilling the dream of good governance; and the festival of global peace and development.



As part of Azadi Ka Amrit Mahotsav towards the celebration and commemoration of 75 years of independence, an awareness programme was conducted on April 13, 2022, at **Navarasam Matriculation Higher Sec.School, Palliyuthu, Erode.**



**Awareness speech given by Dr.S.Deepa**

The overall programme was coordinated by Dr.S.Deepa.,M.D(s), Assistant Professor and Dr.R.Saritha.,B.S.M.S, Resident Medical Officer. The programme was supervised by Dr.M.Menaka.,M.D(s), Principal, Nandha Siddha Medical College and Hospital, Erode.



**Overall view of presentation**



The medical team gave a brief awareness speech about *Daily Regimen in Siddha System of Medicine*, in the presence of the school Principal Mrs.PARAMESHWARI, teaching faculties and students.



The awareness speech was eagerly listened by all. The queries asked by them were clarified by the medical team. After the Awareness speech Tiripala Chooranam tablets was distributed to all.



The school students, teaching faculties thanked the team for the beneficiary programme .We are also thankful to **Ministry of AYUSH** for giving this opportunity to create awareness among the rural areas.