

AZADI KA AMRIT MAHOTSAV

“Hamara Ayush Hamara Swasthya”

PROGRAMME REPORT

Bharat Ki AZADI KA AMRIT MAHOTSAV is an initiative of the Govt. of India to commemorate 75 glorious years of progressive India and its rich history, diverse population, magnificent culture of great achievements. In this regard, *NCISM* recommended to organize AYUSH Awareness programmes, camps, demonstrations, competitions among higher secondary schools and colleges.



NANDHA SIDDHA MEDICAL COLLEGE AND HOSPITAL organized various programmes in schools and colleges in & around its locality. An Awareness Programme was conducted at *Government Higher Secondary School, Polavakaalipalayam* on 08.04.2022.



Awareness speech given by Dr.P.Thillaikarasi

The medical team was led by Dr.M.Menaka.,M.D(s)., Principal along with her team members, Dr.P.Thillaikarasi.,B.S.M.S, Dr.R.Saritha.,B.S.M.S and Dr.S.Chitharabanu.,B.S.M.S Resident Medical Officers. The awareness speech was given by Dr.P.Thillaikarasi.



The medical team gave a brief awareness speech about the Guidelines of Healthy lifestyle based on Siddha in the presence of the school Headmaster **Mr.PURUSOTHAMAN**, teaching faculties and students. The awareness speech was eagerly listened by all.



Queries clarified by Dr.S.Chitharabanu



The queries asked by them were clarified by the medical team. After the Awareness speech Kabasura Kudineer Chooranam was distributed to all.



Distribution of Kabasura Kudineer Chooranam

The school students, teaching faculties thanked the team for the beneficiary programme .We are also thankful to **Ministry of AYUSH** for giving this opportunity to create awareness among the rural areas.

