

AZADI KA AMRIT MAHOTSAV

"Hamara Ayush Hamara Swasthya"

PROGRAMME REPORT

Azadi ka Amrit Mahotsav is a series of events to be organised by a Government of India to commemorate the 75th Anniversary of India's Independence. In this regard, NCISM recommended to organize AYUSH Awareness programmes, camps, demonstrations, competitions to schools and college students.



NANDHA SIDDHA MEDICAL COLLEGE AND HOSPITAL organised various programmes in schools & colleges. A Health Awareness programme was conducted in the topic of **FOOD DISCIPLINE FOR YOUNG WOMEN IN SIDDHA** given by Dr.T.M.Shanthi.,M.D(s), Assistant Professor. And also Dr.K.Manjuparkavi.,M.Sc.Ph.D., Assistant Professor Department of Medicinal Botany gave a speech on **INTRODUCTION ABOUT SIDDHA SYSTEM & MEDICINAL PLANTS** at Vellalar College of Education, Thindal on 30.03.2022.



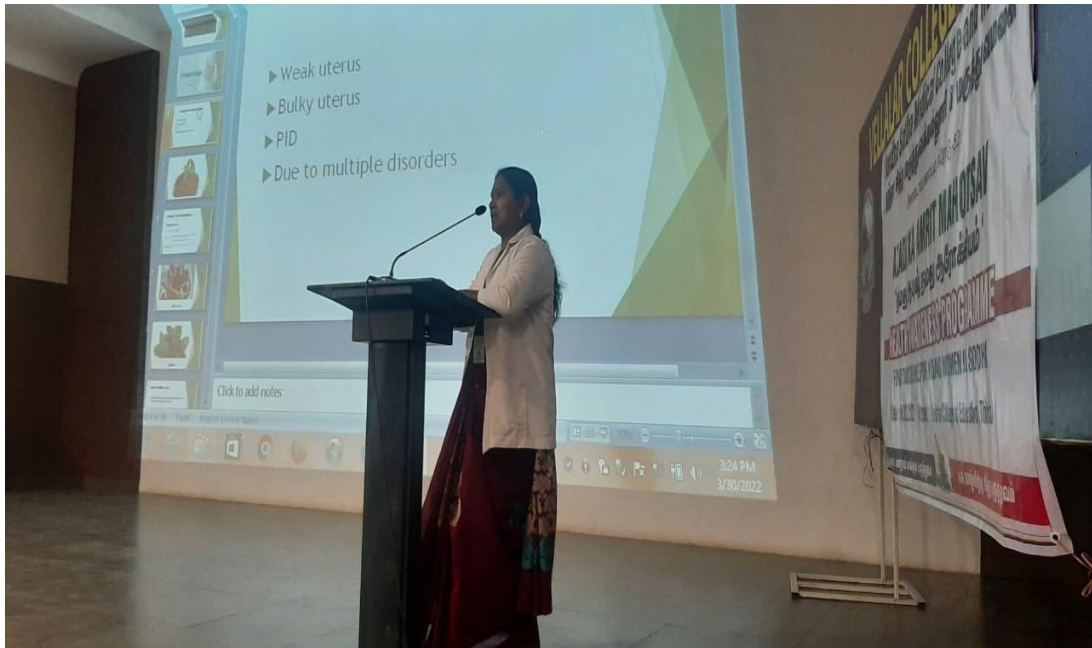
The Medical team was coordinated by Dr.T.M.Shanthi,M.D(s)., Dr.K.Manjuparkavi,M.Sc.Ph.D., Dr.K.Revathi,M.D(s)., Assistant Professors Dr.S.Chitharabanu,B.S.M.S, Resident Medical Officer. And the team was supervised by Dr.M.Menaka,M.D(s)., Principal, Nandha Siddha Medical College and Hospital.



Speech given by Dr.K.Manjuparkavi



The Medical team gave a brief awareness speech in the presence of Dr.T.Malliga,M.Sc.,M.Ed,M.Phil,Ph.D., Principal, Vellalar College of Education, teaching faculties and students. The awareness speech was eagerly listened by all.



Speech given by Dr.T.M.Shanthi



The queries asked by them were clarified by the medical team. After the Awareness speech, **Siddha external medicines** were distributed to all the participants.



Queries clarified by Dr.T.M.Shanthi



The college students, teachers and the management thanked the team for the beneficiary programme. We are also thankful to **Ministry of AYUSH** for giving this opportunity to create awareness among the rural areas.



Medicines given to the teaching staffs

