

# AZADI KA AMRIT MAHOTSAV

“Hamara Ayush Hamara Swasthya”

## PROGRAMME REPORT

**AZADI KA AMRIT MAHOTSAV** is an initiative of the Government of India to celebrate and commemorate 75 year of progressive India and the glorious history of its people, culture and achievements. In this regard, *NCISM* recommended to organize AYUSH Awareness programmes, camps, demonstrations, competitions among higher secondary school students.



**Nandha Siddha Medical College and Hospital** organized various programmes in 10 schools in and around its locality. Initially, “A *Deworming Programme*” was conducted at **Mahithar Academy High School, Nandhagiri, Kanjikovil** which is about 15kms from our campus on 29.09.2021. The Medical Team was lead by **Dr.M.Menaka**, Principal along with her team members **Dr.D.Subathra**, Assistant Professor, **Dr.K.Revathi**, Medical Consultant, **Dr.M.Tamizhinian**, Resident Medical Officer.



The medical team gave a brief awareness speech about the importance of deworming, in the presence of the school principal **Mr.A.S.Mohankumar**, teaching faculties and students. The awareness speech was eagerly listened by all. The queries asked by them were clarified by the medical team. After the awareness speech, **Vaividanga Mathirai**, a siddha medicine for deworming was distributed to 56 school students, 9 school teachers, 7 office staffs, 10 sweepers and securities. 1 vaividanga mathirai was given for 5 consecutive nights and the participants were instructed to take 10 ml of castor oil on 6<sup>th</sup> day morning in an empty stomach.



The school students and management thanked the team for the beneficiary programme. We are also thankful to Ministry of AYUSH for giving this opportunity to create awareness among the rural schools.

