

# AZADI KA AMRIT MAHOTSAV

“Hamara Ayush Hamara Swasthya”

## PROGRAMME REPORT

**AZADI KA AMRIT MAHOTSAV** festival celebrates the rapid strides that India has taken in the past 75 years. This festival encourages us to rediscover our hidden strengths of prompts us to take sincere, synergistic action to region our rightful place in the comity of nations. In this regard, *NCISM* recommended to organize AYUSH Awareness programmes, camps, demonstrations, competitions among higher secondary schools.



Our Medical Team

**NANDHA SIDDHA MEDICAL COLLEGE AND HOSPITAL** organized various programmes in 100 schools in & around its locality. An Awareness programme was conducted at **VIDHYAA VIKAS MATRICULATION HIGHER SECONDARY SCHOOL, TIRUPPUR** at **25.03.2022**. The medical team was led by Dr.M.Menaka.,M.D(s)., Principal along with her team members Dr.S.Deepa,M.D(s)., Dr.K.Manjuparkavi.,M.Sc, Ph.D., and Dr.K.Revathi,M.D(s)., Assistant Professors.



**Presentation given by Dr.S.Deepa**



The medical team gave awareness speech about *Daily Regimen in Siddha System*. All teaching and Non-teaching staffs were received sufficient inputs in this programme. The queries asked by them were clarified by Medical team.



### Checking of Clinical Parameters

After the Awareness speech Amukkara chooranam tablet and Thiripala powder was distributed to all.



### **Our Medical Team with Principal**

The school students, teaching faculties thanked the team for the beneficiary programme .We are also thankful to **Ministry of AYUSH** for giving this opportunity to create awareness among the rural areas.