

AZADI KA AMRIT MAHOTSAV

“Hamara Ayush Hamara Swasthya”

PROGRAMME REPORT

AZADI KA AMRIT MAHOTSAV festival celebrates the rapid strides that India has taken in the past 75 years. This festival encourages us to rediscover our hidden strengths of prompts us to take sincere, synergistic action to region our rightful place in the comity of nations. In this regard, **NCISM** recommended to organize **AYUSH** Awareness programmes, camps, demonstrations, competitions among higher secondary schools.



NANDHA SIDDHA MEDICAL COLLEGE AND HOSPITAL organised various programmes in 100 schools in & around its locality. The Awareness Programme was conducted at Nandha Central School on 19.03.2022. The medical team was lead by Dr.M.Menaka, principal along with her team members Dr. K.K. Omprakash.,M.D(s) Professor, Department of Varmam, External Therapy and Special Medicine, Dr.P.Thillaikarasi, Resident Medical Officer, Dr.S.Chithara Banu, Resident medical officer.

Overall view of presentation



The awareness speech given by Dr.K.K.Omprakash.,M.D(s),

The Medical team gave a brief awareness speech about the lifestyle of students based on siddha system, in the presence of Nandha Central School principal Mr.C.K.Rajesh, teaching faculties and students.



The awareness speech was eagerly listened by all. The queries asked by them were clarified by the medical team .After the Awareness speech, **Mooligai Theneer**, Sachets was distributed to all as an immune booster.



Distribution of Mooligai Theneer Sachets to the Students



The queries clarified by Dr.K.K.Omprakash



The School students, teaching faculties and management thanked the team for the beneficiary programme. We are also thankful to **Ministry of AYUSH** for giving this opportunity to create awareness among the rural areas.



Our Medical Team with the School Principal Mr. C.K.Rajesh